



# Clitheroe Canoe Club E-News

January 2008

Happy New Year to everyone and welcome to the first Clitheroe Canoe Club E-News. Here you'll find details of our latest news and events, and any trips or social gatherings. If there's anything you'd like to see here, or any improvements that could be made, then please let me know.

Thanks, and see you on the water.

Louise Casson  
Chairman

## Winter Coaching

Coaching will now take place every other Saturday on the River Irwell at Burrs Activity, Woodhill Road, Bury, Lancashire, BL8 1DA.

Session will begin on Saturday 12<sup>th</sup> January.

These sessions will focus on river-running skills, and work towards the new BCU 3\* kayak award.

**Due to the nature of the river and the cold weather, a full-length wetsuit or dry-pants/dry cag are required. It is recommended that all paddlers wear a semi-dry/dry-cag.**

Paddlers should be comfortable wearing a spraydeck, and be paddling to at least 1\* level.

Showers and changing facilities are available.

Paddlers will meet at the club at 9.30am to collect boats and any required kit, and we hope to be at the Burrs for 11.00am. Session will last 2 – 3 hours, and we will return mid/late afternoon.

Cost will be £5.00 per session.

Dates on the calendar so far are:



January: 12<sup>th</sup>, 26<sup>th</sup>  
February: 2<sup>nd</sup>, 16<sup>th</sup>,  
March: 1<sup>st</sup>, 15<sup>th</sup>, 29<sup>th</sup>

If there is sufficient demand, more sessions may be available.

Contact Lou for more details or to book your place.

Email: [louisehelencasson@hotmail.com](mailto:louisehelencasson@hotmail.com)

Tel: 01253 313818 or 07815 855309

## Prize Night

Just a reminder to keep Saturday 9<sup>th</sup> February 2008 free for our 2007 presentation evening, which will again be held at Langho Village Community Centre. The event is light hearted in the extreme and will comprise of the presentation of prizes to club members for their outstanding and not so outstanding performances during the year. Food and a ceilidh with live music provided by the Old School Band are included in the ticket price, and there will also be a bar. There will also be games for the youngsters.

Tickets are available from Marie Heyworth: 01254 822440

- Family Ticket £20
- Adult Ticket £6
- Children £5

Members and non-members are welcome.

Last years winners can be seen here:

<http://www.clitheroecanooclub.org.uk/awards/2006%20Awards.htm>

**\*\* If you were a lucky prizewinner last year, please return your trophy to a committee member at the earliest opportunity. Thanks.\*\***



## Tom Turner Selected for UK Freestyle Team

Congratulations to our junior member, 16 year-old Tom Turner, who has been selected for the UK Junior Freestyle Team. He came 2<sup>nd</sup> over a two-day



selection event held at Hurley and Nottingham, and will represent the UK at the European Freestyle Championships.

For those of you who don't know Tom, he's a trainee Level 2 coach and all-round paddler. He can usually be found cartwheeling down a river, when everyone else is just happy to paddle down!

His selection is no surprise, and is testament to the many hours of practice he puts in. Clitheroe Canoe Club wishes Tom every success for the future.

## River Trips

There will be club trips on the river Leven in the Lake District on the following dates:

6<sup>th</sup> January 2008  
3<sup>rd</sup> February 2008  
2<sup>nd</sup> March 2008

Paddlers must have appropriate kit (full wetsuit + cag or dry pants + dry cag), and must be confident on either the River Calder or the River Irwell (Burrs).

Contact Lou for more info:

Email: [louisehelencasson@hotmail.com](mailto:louisehelencasson@hotmail.com)

Tel: 01253 313818 or 07815 855309

[Fun on the Leven in November 2007](#)



## **Kayaking Tragedy**

On a more sombre note, some of you may be aware of a tragic accident on the River Crake in which Clive Robinson, an inspirational coach at Ribble Canoe Club, lost his life. Words cannot express the feelings of sadness within the paddling community and beyond, and our thoughts and prayers are with Clive's family and friends at this dreadful time.

Many tributes have been paid to Clive, and these can be viewed at:  
<http://www.ukriversguidebook.co.uk/forum/viewtopic.php?t=32009>

## **Recent Star Awards**

Congratulations to the following members who passed their 1\* award on the last session of the season. It was particularly cold and windy, making the mandatory capsized extra cold, so well done again.

### 1\* Awards

Phil Bowland  
Andy Marshall

Well done!

That's about all for now, so happy paddling, and I hope to see you on the water very soon.

Louise